



International Federation of Bodybuilding and Fitness
 37th Central American & Caribbean Bodybuilding & Fitness Championships – St. George's, Grenada
 Saturday, 3rd October 2009

Body Fitness < 1.58							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
1	Michelle Alleyne	Trinidad & Tobago	13	11	12	36	2
2	Betty Doyling	Bermuda	12	13	13	38	3
3	Heather Grimes	Barbados	21	21	20	62	4
4	Jamila Sokunbi	Barbados	6	7	6	19	1
5	Vizana Solognier	Aruba	23	24	25	72	5

Body Fitness < 1.63							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
6	Petra Brice	Bahamas	15	15	16	46	4
7	Ramona Morgan	Barbados	10	12	10	32	1
8	Sindirela Pacas de Luna	El Salvador	26	25	25	76	5
9	Tamara Ribeiro	Trinidad & Tobago	14	12	12	38	2
10	Mechelle Willins	Bermuda	13	12	13	38	3
26	Velda Jhon	St. Lucia	28	28	28	84	6

Body Fitness < 1.68							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
11	Monisa Aleong	Trinidad & Tobago	18	18	20	56	3
12	Charnice Bain	Bahamas	20	22	23	65	4
13	Magda Galloza	Puerto Rico	6	6	5	17	1
14	Philomerase Gray	Turks & Caicos	27	26	27	80	6
15	Agneta Janga	Neth. Antilles	10	9	11	30	2
16	Suzan Garcia	El Salvador	24	24	20	68	5

Body Fitness +1.68							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
17	Ranae Cann	Bermuda	10	8	8	26	1
18	Jeanette Keith	Aruba	10	13	13	36	2
19	Carla Nicholls	Barbados	12	12	12	36	3
20	Alphonsene Williams	Anguilla	18	17	19	54	4

Fitness Open							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
21	Nicole Carter	Barbados	13	11	12	36	2
22	Renee Cobham	Barbados	6	5	5	16	1
23	Caroly Erasmus	Bermuda	12	13	14	39	3
24	Karen George	Trinidad & Tobago	28	23	27	78	6
25	Natosha Rayer	Bermuda	26	26	20	72	5
27	Teshell Mackey	Bahamas	20	24	25	69	4

Men's Fitness							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
28	Monroe Darrell	Bermuda	10	10	10	30	2
29	Neil Diaz	Trinidad & Tobago	5	5	5	15	1
30	Christopher Lee	Barbados	15	15	15	45	3

Juniors							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
31	Ramon Broomes	Barbados	5	5	5	10	1
32	Kevin Lacle	Aruba	15	12	12	24	2
33	Eutroy Libura	St. Kitts & Nevis	20	20	20	40	4
34	Reginald Rafael	Aruba	10	13	12	25	3

Men's Masters							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
35	Desmond Bain	Bahamas	20	23	25	48	5
36	Jaime Bolens	El Salvador	13	14	16	30	3
37	Median Charles	Grenada	38	--	--	--	DNP
38	James Darling	Bahamas	5	5	5	10	1
39	Damian George	Trinidad & Tobago	30	30	27	57	6
40	Lesley Hutchinson	Grenada	44	--	--	--	DNP
41	Dexter Littrean	Trinidad & Tobago	25	22	18	40	4
42	Yunard Philips	Neth. Antilles	12	10	13	23	2
43	Raphael Whylly	Bahamas	36	--	--	--	DNP

Women's Masters							
No.	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
44	Monica Dudley	St. Lucia	36	--	--	--	DNP
45	Lupe Leito	Neth. Antilles	11	13	17	30	3
46	Rocio Peguero	Dom. Republic	33	30	30	60	6
47	Faye Rolle	Bahamas	37	--	--	--	DNP
48	Candice Carr-Archer	Trinidad y Tobago	5	5	5	10	1
49	Mirna Cruz	El Salvador	14	14	14	28	2
50	Jeanique Silie	Neth. Antilles	23	21	17	38	4
132	Sharine Ignacio	Aruba	23	22	21	43	5

Mixed Pairs							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
51	Jeanique Sillie / Elsward Martina	Neth. Antilles	12	12	11	35	3
52	Faye Rolle / Teddy Gray	Bahamas	10	8	13	31	2
53	Hemradi Mulai / Sharine Ignacio	Aruba	7	10	7	24	1

Women's Bodybuilding < 55Kg

No .	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
54	Rashida Belgrave	Barbados	32	--	--	--	DNP
55	Alisha Fortune	Guyana	24	22	23	45	5
56	Sharine Ignacio	Aruba	10	15	16	31	3
57	Rocio Peguero	Dominican Rep.	27	27	27	54	6
58	Susan Rebello	Bermuda	5	5	5	10	1
59	Jeanique Sille	Neth. Antilles	15	11	11	22	2
60	Tamica Stubbs	Bahamas	28	23	21	44	4

Women's Bodybuilding > 55Kg

No .	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
61	Candice Carr-Archer	Trinidad & Tobago	5	5	6	11	1
62	Mirna Cruz	El Salvador	14	15	13	28	3
63	Sonia Hunte	Barbados	28	26	30	56	6
64	Lupe Leito	Neth. Antilles	10	10	12	22	2
65	Faye Rolle	Bahamas	20	24	22	46	4
66	Donna Williamas	Bahamas	26	26	23	49	5

Bantamweights

No .	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
67	Marlon Bennett	Guyana	10	10	11	21	2
68	Hemradj Mulai	Aruba	5	5	7	12	1
70	Mario Olmedo	El Salvador	15	15	17	32	3
71	Joel Ross	Grenada	20	20	15	35	4

Lightweights

No .	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
72	Javaughn Dill	Bermuda	25	25	24	49	5
73	Jason Gilbert	Grenada	34	--	--	--	DNP
74	Patrick Harris	Barbados	11	11	10	21	2
75	Kevin Lacle	Aruba	31	30	30	60	6
76	Dexter Littrean	Trinidad & Tobago	17	15	9	24	3
77	Diego Salinas	El Salvador	6	6	13	19	1
78	Kelton Thomas	Trinidad & Tobago	17	17	18	35	4

Welterweights

No .	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
79	Alfredo Allen	Antigua & Barbuda	28	--	--	--	DNP
80	Ramon Broomes	Barbados	16	20	21	41	4
81	Clint Duke	Guyana	37	--	--	--	DNP
82	Damian George	Trinidad & Tobago	28	27	27	54	6
83	Laron Gibson	Barbados	12	11	10	21	2
84	Leslie Hutchinson	Grenada	55	--	--	--	DNP
85	Albert Jordan	Guyana	22	19	19	38	3
86	Elsward Martina	Neth Antilles	28	26	22	48	5
87	Leroy Maxwell	Bermuda	47	--	--	--	DNP
88	Rignald Rafael	Aruba	46	--	--	--	DNP
89	Hoskyn Worrell	Barbados	5	5	5	10	1

Light-Middleweights							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
90	Therold Babb	Barbados	13	14	17	31	2
91	Itano Bachelor	Antigua & Barbuda	21	25	25	50	4
92	Devon Bean	Bermuda	24	28	29	57	5
94	Kerre Charles	Grenada	34	--	--	--	6
95	Median Charles	Grenada	70	--	--	--	DNP
96	Verdine Connor	Anguilla	51	--	--	--	DNP
97	Rawle Greene	Guyana	52	--	--	--	DNP
98	Alfred Jarvis	Antigua & Barbuda	29	22	21	43	3
99	Nigel Layne	Grenada	60	--	--	--	DNP
100	Philippeaux Mackenzi	Haiti	13	11	9	20	1
101	Desmond Paul	Anguilla	47	--	--	--	DNP
102	Cherry Pekeri	Neth Antilles	38	--	--	--	DNP
103	Raphael Whylly	Bahamas	63	--	--	--	DNP

Middleweights							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
104	Ricardo Bascombe	Barbados	15	15	16	31	3
105	Winston Christian	Trinidad & Tobago	20	20	19	39	4
106	James Darling	Bahamas	5	5	5	10	1
107	Owen Dotting	Barbados	10	10	10	20	2

Light-Heavyweights							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
109	Desmond Bain	Bahamas	15	15	16	31	2
110	Lawrence Belfon	Trinidad & Tobago	20	20	19	39	3
112	Chad Henry	Grenada	33	--	--	--	6
113	Wayne Liddie	St. Kitts & Nevis	27	25	26	51	4
114	Yunard Philips	Neth. Antilles	10	10	10	20	1
115	Ellis Thomas	Grenada	31	30	29	59	5

Heavyweights							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
116	Arein Cado	Neth. Antilles	47	--	--	--	DNP
117	Damion Daniel	Grenada	27	25	25	50	3
119	Teddy Gray	Bahamas	16	21	18	39	2
120	Robert Harris	Bahamas	48	--	--	--	DNP
121	Oswin Jones	Guyana	40	--	--	--	6
122	Collin Lazarus	St. Kitts & Nevis	28	28	30	58	4
123	Richard Noel	Trinidad & Tobago	33	--	--	--	5
124	William Prescott	Barbados	13	12	9	21	1

Super-Heavyweights							
No	Name	Country	RD 1	RD 2	RD 3	Final Score	Final Place
126	Alvin Andre	Neth. Antilles	24	29	29	58	4
129	Olyyn Martin	Antigua & Barbuda	26	22	21	43	2
130	Garwin Philips	Bermuda	16	15	14	29	1
131	Richard Waterman	Barbados	24	25	24	49	3

Best National Teams	Barbados	218 points
	Trinidad & Tobago	144 points
	Bahamas	125 points

Professional Selections	Renee Cobham	Barbados	Fitness
	Magda Galloza	Puerto Rico	Body Fitness
	Candice Carr-Archer	Trinidad & Tobago	Women's Bodybuilding
	James Darling	Bahamas	Men's Bodybuilding

DNP = did not placed in top 6