

CAMPEONATO CENTRO AMERICANO DE FISICO CULTURISMO Y FITNESS 2007
.....

**OFICINA CENTRAL
CENTRO CIVICO DE BELIZE
BELIZE CITY, BELIZE**

Contactos - Alfred MacKenzie (501-227-7133/ 501-600-8822); Josephine Gault (501-607-1658)

SOMOS ATRACTIVOS:

**COSTA RICA
EL SALVADOR
GUATEMALA
HONDURAS
NICARAGUA
PANAMA**

FECHAS:

FECHA DE LLEGADA	29 DE JUNIO 2007
FECHA DE CONURSO	30 DE JUNIO 2007
FECHA DE SALIDA	1 DE JULIO 2007

EL LOCAL

**BLISS CENTER FOR THE PERFORMING ARTS
EN LA CIUDAD DE BELIZE**

HORA DEL EVENTO:

6:00 P.M.

FAREWELL COCKTAIL:

PICKWICK CLUB (30th June 2007)

LOS HOTELES OFICIALES SON:

**HOTEL MOPAN
CARIBBEAN PALM**

CONINGSBY INN

Departure Tax: A tax of \$15.00 US is charged when leaving Belize; this must be paid in cash or travellers' checks (credit cards not accepted for departure tax.)

Entry Requirements: A passport and return ticket is required to enter Belize. No visas are required for citizens of the U.S., British Commonwealth nations or European Union countries .

Currency: Local currency is the Belize Dollar. One U.S. dollar is worth BZ\$2. U.S. dollars should be exchanged directly in purchasing goods and services, as banks will charge a fee (currently is at .0125) to exchange U.S. to Belize dollars. U.S. dollars are accepted everywhere in Belize.

Credit Cards/Travellers' Checks: Nearly all hotels, restaurants and shops in the major towns and tourist areas take all major credit cards. Street vendors and smaller establishments in remote areas may accept only cash or travellers' checks. It's important to keep travellers' checks in a waterproof pouch, as they are considered void if they get wet. Representatives of VISA, MasterCard and American Express can be contacted at the four commercial banks in Belize City (Atlantic Bank Ltd., Bank of Nova Scotia, Barclays Bank, and the Belize Bank. Banks are generally open Monday-Friday from 8 AM-1 PM and Saturdays, 8 AM-11 AM. American Express also has a representative at Belize Global Travel Services, Inc.

Sales Taxes: Belize's sales tax is set at 8%, is applied to all goods and services except hotel accommodations. There is a 7% hotel tax. Some hotels also add a 10-15% "service charge" to the bill; inquire about this when checking hotel prices.

CATEGORIES FOR CAC 2007/ LOS CATERGORIAS PARA CAC 2007

JUNIORS/ JUVENIL
HASTA 21 ANOS

OPEN/ ABIERTO

MASTERS
MAS DE 40 ANOS

OPEN/ ABIERTO

WOMENS BODYBUILDING

1. LIGHTWEIGHT
2. HEAVYWEIGHT

UP TO AND INCL 55 KG
OVER 55 KG

FITNESS

UP TO AND INCL 164CM
OVER 164 CM

BODY FITNESS

UP TO AND INCL 163 CM
OVER 163 CM

MENS BODYBUILDING

1. BANTAMWEIGHT
2. LIGHTWEIGHT
3. WELTERWEIGHT
4. LIGHT-MIDDLEWEIGHT
5. MIDDLEWEIGHT
6. LIGHT-HEAVYWEIGHT
7. HEAVYWEIGHT

UP TO AND INCL 65 KG
UP TO AND INCL 70 KG
UP TO AND INCL 75 KG
UP TO AND INCL 80 KG
UP TO AND INCL 85 KG
UP TO AND INCL 90 KG
OVER 90 KG