

FEDERATION NAME:

International Federation of Bodybuilding & Fitness





ENTRY FORM

Deadline date to send the Entry Form is January 31th, 2012.

ENTRY FORM HAS TO BE APPROVED AND FORWARDED BY THE IFBB NATIONAL FEDERATION OF THE COUNTRY

*PLEASE INDICATE THE NAME A	HE PASSPORT NUMBER	
NAME Delegate:		PASSPORT Nº
	Category:	
2. Competitor Name:		
	Category:	
3. Competitor Name:	-	
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10. Competitor Name.		
11. Competitor Name	Category:	
22. Competitor Nume		
12. Competitor Name:	Category:	
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IF YOU HAVE MORE ATHLETES, PLEASE ADD THEM ON THE PAGE BELOW.

Category:

IMPORTANT NOTES:

The Organizer of the event in USA will not accept any direct registration except ones from Canada (through Canadian Bodybuilding & Fitness Federation) and United States of America (through NPC).

Entry Forms from athletes will only be considered if they are sent by the National Federation of the athlete and directly to IFBB Headquarters in Madrid and IFBB General Secretary Mr William Tierney (see email addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB. Registration fee is \$200 per athlete and will have to be paid to the IFBB official when registering.

The categories accepted for the above mentioned championships are:

Men's Bodybuilding:	Women's Fitness:
Lightweight: Up to and incl. 70 kg (154 lbs)	Short: Up to and including 163 cm (5'-4")
Welterweight: Up to and incl. 75 kg (165 lbs)	Tall: Over 163 cm (over 5'-4")
Light-Middleweight: Up to and incl. 80 kg (176 lbs)	
Middleweight: Up to and incl. 85 kg (187 lbs)	Women's Bodyfitness (Figure):
Light-Heavyweight: Up to and incl. 90 kg (198 lbs)	A: Up to and including 155 cm (5'1")
Heavyweight: Up to and incl. 100 kg (220 lbs)	B: Up to and including 159 cm (5'2½")
Super-Heavyweight: Over 100 kg (220 lbs)	C: Up to and including 163 cm (5'4")
	D: Up to and including 167 cm (5'5½")
Men's Classic Bodybuilding* (see table below):	E: Up to and including 170 cm (5'7")
A: Up to and including 168 cm (5'6")	F: Over 170 cm (Over 5'7")
B: Up to and including 171 cm (5'71/4")	
C: Up to and including 175 cm (5'9")	Women's Masters Bodyfitness (Figure):
D: Up to and including 180 cm (5'11")	Short: Up to and including 163 cm (5'4")
E: Over 180 cm (over 5'11")	Medium: Up to and including 168 cm (5'6")
	Tall: Over 168 cm (Over 5'6")
Women's Bodybuilding:	
Lightweight: Up to and including 55 kg (121 lbs)	Women's Bikini
Heavyweight: Over 55 kg (121 lbs)	A: Up to and including 158 cm (5'2")
	B: Up to and including 163 cm (5'4")
	C: Up to and including 168 cm (5'6")
	D: Over 168 cm (Over 5'6")
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*The weight/height limits tolerance of the Men's Classic has the following criteria:

Height	Bodyweight limit		
A. Up to and incl 168 cm	Height -100		
B. Over 168 cm Up to and incl 171 cm	(Height -100) + 2 kg		
C. Over 171 cm Up to and incl 175 cm	(Height -100) + 4 kg		
D . Over 175 cm Up to and incl 180 cm	(Height -100) + 6 kg		
E. Over 180cm (with the following height/weight criteria)			
Over 180 cm Up to and incl 190 cm	(Height -100) + 8 kg		
Over 190cm Up to and incl 198 cm	(Height -100) + 9 kg		
Over 198 cm	(Height -100) + 10 kg		

Registration for Men's Classic Bodybuilding will start on Thursday morning from 10am till 12noon.

IFBB General Secretary William Tierney

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Please Send a copy to:

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