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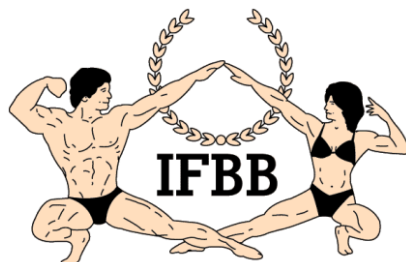
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CENTRAL AMERICA & THE CARIBBEAN

VICE PRESIDENT'S REPORT

DEAR IFBB CONGRESS DELEGATES,

ON BEHALF OF THE NATIONAL FEDERATIONS IN THE CONTINENTAL AREA UNDER MY SUPERVISION, I AM PLEASED TO SUBMIT THIS REPORT FOR YOUR EVALUATION.

ARNOLD SPORTS FESTIVAL

THE YEAR BEGAN WITH AN ATYPICAL BUT MOST REWARDING VISIT TO COLUMBUS, OHIO, FOR THE ANNUAL ARNOLD SPORTS FESTIVAL; MY LAST VISIT TO THIS CITY WAS IN 1979.

APART FROM THE MULTIPLE SPORT FESTIVITIES, I HAD THE OPPORTUNITY TO MEET WITH OUR PRESIDENT AND MR. JUAN PAREDES, CONCERNING THE 2012 WORLD CHAMPIONSHIPS IN GUAYAQUIL, ECUADOR.

CENTRAL AMERICA

THE 39TH EDITION OF THE ANNUAL CACBBFF CHAMPIONSHIP WAS SUCCESSFULLY STAGED AT THE "PRESIDENTE" THEATER IN THE CAPITAL CITY OF SAN SALVADOR, BY A DYNAMIC AND EXPERIENCED ORGANIZING COMMITTEE HEADED BY FABRIZIO HERNANDEZ, PRESIDENT OF EL SALVADOR BODYBUILDING & RELATED SPORTS FEDERATION.

BACK IN JULY 2011, THE NATIONAL LEGISLATURE OF EL SALVADOR AWARDED A SPECIAL RECOGNITION TO MR. HERNANDEZ' FEDERATION FOR THEIR TENACITY AND EXCELLENCE IN PROMOTING & ORGANIZING EVENTS, ATHLETE'S TRAINING, PLUS GENERAL HEALTHY LIFESTYLE MARKETING.

16th PAN AMERICAN GAMES

THE MAIN ACCOMPLISHMENT FOR MY AREA IN 2011 WAS ALMOST CANCELLED AT THE BEGINNING OF THIS YEAR. AFTER PONDERING ON OPTIONS, RESOURCES AND CONSEQUENCES, OUR IFBB PRESIDENT TOOK ONE OF THE MOST GUTSY DECISIONS OF HIS LEADERSHIP BY CONSENTING TO THE ORGANIZATION OF A FITNESS CHAM-

"In sport, there are no limitations, no barriers of race, religion, politics or culture. In sport, we are in touch with each other. **BODYBUILDING IS IMPORTANT FOR NATION BUILDING.**"
BEN WEIDER, O.C., C.St.J., C.Q., Ph.D., IFBB Founder

PIONSHIP, TO BE INCLUDED IN THE 16th PAN AMERICAN GAMES, AS AN INVITED SPORT. THE GOAL WITH THIS EVENT IN GUADALAJARA, MEXICO, WAS TO UPGRADE OUR STATUS WITH THE PAN AMERICAN SPORTS ORGANIZATION (PASO) FROM RECOGNITION TO PARTICIPATION; POSSIBLY IN TORONTO 2015 AND BEYOND.

CONGRATULATIONS FOR THE TRIUMPHANT EXECUTION OF THIS COMPETITION ARE EXTENDED TO ASSISTING EXECUTIVE MEMBERS OF THE MEXICAN BODYBUILDING & FITNESS FEDERATION (FMFF) AND THE JALISCO STATE BODYBUILDING & FITNESS ASSOCIATION (AFFEJ); PARTICULARLY TO MARCO ANTONIO CABEZAS (FMFF) AND MIGUEL BARBA IBARRA (AFFEJ), FOR THEIR INDIVIDUAL EFFORTS AND RESOLVE.

ANTI-DOPING

AFTER MANY MONTHS OF DEBATES AND AS A CONSEQUENCE OF RESULTS MISMANAGEMENT FROM LAST YEAR'S **CAC** CHAMPIONSHIPS, A CONTINENTAL ANTI-DOPING COMMISSION (CADC) WAS ELECTED BY THE CACBBFF GENERAL ASSEMBLY, TO SUPERVISE COLLECTION AND CHAIN OF CUSTODY PROCEEDINGS BY NATIONAL ANTI-DOPING ORGANIZATIONS (NADO's) IN FUTURE INTERNATIONAL EVENTS WITHIN OUR AREA. AN EXPLICIT "BRAVO" TO IFBB/ADC CHAIRMAN, PROF. MAURICIO DE ARRUDA CAMPOS, FOR HIS ASSISTANCE IN THE IMPLEMENTATION OF THIS NEW CADC. UNIQUE APPRECIATION TO DR ANDREW FORDE (BARBADOS) FOR HIS INPUT AND RECOMMENDATIONS.

STAFF

CHRISTINE WILLIAMS (VIRGIN ISLANDS), CLAUDIA SAZO (GUATEMALA) AND NEILA MURRAY (TRINIDAD & TOBAGO) CONTINUE TO PROVIDE THRIVING, CREATIVE AND PROFICIENT MANAGING OF MY OFFICE. MY UNENDING GRATITUDE TO THESE TALENTED LADIES.

MUMBAI ORGANIZING COMMITTEE

FINALLY, I TAKE THIS OPPORTUNITY TO THANK ALL MEMBERS OF THE ORGANIZING COMMITTEE HERE IN MUMBAI, FOR ACCEPTING THE CHALLENGE OF STAGING THESE MAGNIFICENT WORLD CHAMPIONSHIPS AND INTERNATIONAL CONGRESS; MAKING MY SECOND VISIT TO THIS CITY HIGHLY MEMORABLE.

WITH MY VERY BEST WISHES,

INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS



JAVIER POLLOCK
VICE PRESIDENT



El Salvador State Legislature awarded a Special Recognition to its National Bodybuilding and Fitness Federation on **Thursday, 14th July 2011**. The ceremony took place at the "Flags Plaza" within the Legislature building and it was attended by three distinguish State Representatives, bodybuilding executives, staff and athletes.

The Recognition Diploma was delivered to National Federation President, **Fabrizio Hernandez** (right), by deputy **Guillermo Gallegos** (left), who expressed: "It is a great honor to represent the Board of Directors. Chief Deputy, Sigfrido Reyes, laments not being present due to previous engagements. I deliver this Recognition with a joyful heart; it is well deserved and earned".



Bodybuilding & Fitness Championships

Photos provided by:
Eduardo Abdalah (Nicaragua)
Moisés Miranda (El Salvador)



Fitness champions **ROCIO LOPEZ** (left) and **ROSUAN RIVAS** (above), both from El Salvador, during choreographic routines.



⇨ Junior Champion **RAMON BROOMES** (Barbados).

⇨ Super Heavy-weight and Overall Champion **ALVIN ANDRE** (French St Martin), with Overall Body Fitness Champion from Trinidad & Tobago, **TAMARA RIBERIO BAILEY** (left) and Overall Women's Bodybuilding Champion from Curacao, **LUPE LEITO** (right).



**39th Central American and Caribbean Bodybuilding & Fitness Championships
San Salvador, EL SALVADOR / Saturday, 24th September 2011**

CATEGORY WINNERS

BODY FITNESS <1.58cm

VICKYE BORMAN **BARBADOS**

BODY FITNESS <1.63cm

TAMARA RIBERIO **TRINIDAD & TOBAGO**

BODY FITNESS <1.68cm

SUSAN GARCIA **EL SALVADOR**

BODY FITNESS >1.68cm

YOALIN ROMAN **PUERTO RICO**

WOMEN'S FITNESS

SANDRA LOPEZ **EL SALVADOR**

MEN'S FITNESS

ROSUAN RIVAS **EL SALVADOR**

JUNIORS

RAMON BROOMES **BARBADOS**

MEN'S MASTERS

GARWIN PHILIPS **BERMUDA**

WOMEN'S MASTERS

LUPE LIETO **CURACAO**

MIXED PAIRS

MAITE GALEANO
WILLIAM OCHOA **EL SALVADOR**

WOMEN'S BODYBUILDING <55kg

TANICA STUBBS **BAHAMAS**

WOMEN'S BODYBUILDING >55kg

LUPE LEITO **CURACAO**

CLASSIC BODYBUILDING

REYNALDO ARGUELLO **EL SALVADOR**

FLYWEIGHT <60kg

JOSE OLMEDO **EL SALVADOR**

BANTANWEIGHT <65kg

ARTURO CABRAL **DOMINICAN REPUBLIC**

LIGHTWEIGHT <70kg

WILLIAM OCHOA **EL SALVADOR**

WELTERWEIGHT <75kg

DIEGO SALINAS **EL SALVADOR**

LIGHT MIDDLEWEIGHT <80kg

RAMON BROOMES **BARBADOS**

MIDDLEWEIGHT <85kg

MARLON CARRILLO **NICARAGUA**

LIGHT HEAVYWEIGHT <90kg

STEVENSON BELLE **BARBADOS**

HEAVYWEIGHT <100kg

YUNARD PHILIPS **CURACAO**

SUPER HEAVYWEIGHT >100kg

ALVIN ANDRE **FRENCH SAINT MARTIN**

BEST NATIONAL TEAMS

COUNTRY	PLACE
EL SALVADOR	1
BAHAMAS	2
TRINIDAD & TOBAGO	3

FUTURE C.A.C. CHAMPIONSHIPS

YEAR	COUNTRY
2012	PUERTO RICO
2013	ANGUILLA

OVERALL WINNERS

NAME	COUNTRY	CATEGORY
LUPE LEITO	CURACAO	WOMEN'S BODYBUILDING
ALVIN ANDRE	FRENCH ST. MARTIN	MEN'S BODYBUILDING
TAMARA RIBERIO-BAILEY	TRINIDAD & TOBAGO	BODY FITNESS

ANTI-DOPING RESULTS MANAGEMENT WILL ESTABLISH FINAL SCORES AND PLACING
FOR COMPLETE CONTEST RESULTS, PLEASE VISIT (WWW.IFBCARIBBEAN.COM)



⇨ MIXED PAIRS CHAMPIONS, **MAITE GALEANO & WILLIAM OCHOA** (EL SALVADOR)



⇨ Body Fitness up to 1.68 cm (from left to right) **Maudiene Profas** (St. Maarten); **Ingrid Montes** (Costa Rica); **Susan Garcia** (El Salvador); **Monisa Aleong** (Trinidad & Tobago); **Neomie Fatal** (Bahamas)



**BEST NATIONAL TEAM
EL SALVADOR**

Fabrizio Hernández
President
FSFC

16th PAN AMERICAN GAMES



Standing/from left to right: **Diana Monteiro** (Brazil=exhibition), **Danielle Ruban** (Canada), **Vanessa Moran** (Mexico), **Elivan Campos** (Venezuela), **Valeria Aprobato** (Brazil), **Marta Aguiar** (Uruguay), **Susana Serrano** (El Salvador), **Carla Montes** (Mexico), **Sandra Lopez** (El Salvador) & **Leida Gonzalez** (Venezuela). Kneeling – Mexican children Fitness exhibitions/from left to right: **Koraima Solorio**, **Suhei de la Cruz**, **Deborah Marin**, **Paula Corral** & 9 yrs old world champion **Dana Camarena**.

FITNESS SHORT CLASS

LEIDA GONZALEZ	VENEZUELA	1st
SUSANA SERRANO	EL SALVADOR	2nd
SANDRA LOPEZ	EL SALVADOR	3rd
CARLA MONTES	MEXICO	4th

FITNESS TALL CLASS

DANIELLE RUBAN	CANADA	1st
MARTA AGUIAR	URUGUAY	2nd
VANESSA MORAN	MEXICO	3rd
ELIVAN CAMPOS	VENEZUELA	4th
VALERIA APROBATO	BRAZIL	5th

OVERALL CHAMPION

DANIELLE RUBAN CANADA

Women's Fitness was recharged with a high dose of Olympic stimulants at the 2011 Pan American Games in Guadalajara, Mexico, on 12th October 2011. Nine invited athletes, representing the Western Hemisphere, plus five Mexican children (ages 9 to 15), delighted PASO VIP's, including Guatemala's former ambassador to Cuba, IOC Director of Protocol and IOC Member, **Willi Kaltschmitt Luján**; together with IOC Member from Uruguay and ANOC Vice President, **Dr. Julio César Maglione**, plus PASO Medical Commission President and ANOC Medical Commission Chairman from Brazil, **Dr. Eduardo Henrique de Rose**.



At the Technical Meeting, following athlete's measuring & enrollments, I envisaged the purpose and goal of this competition with PASO, praising all participating athletes for their pioneering support.

In an additional meeting after registration, IFBB President, Dr. Rafael Santonja, articulated his opinion about the future of Fitness within the Olympic movement and how it could pave the way for participation in the quadrennial worldwide Summer Games. He also revealed the reality of several international federations, with a variety of activities, having only one sport discipline with Olympic participation; plus the attractiveness for the Olympic family to consider a sport with low-doping incidences. He further alluded to many national IFBB affiliates concentrating on Bodybuilding and Body Fitness, with little or non-effective attention to their Fitness programs.

⇐ **OVERALL CHAMPION, DANIELLE RUBAN (CANADA).**

Between questions and anecdotes, Dr. Santonja recommended an increment in economic and human resources allocated to an accelerated development and/or reinforcement of national Fitness programs, in order to comply with (and surpass) future Olympic expectations. The IFBB President also congratulated Mexico and Venezuela for having strong children's Fitness programs, on top of the large number of active athletes.

Although there were only five judges, with no high or low marks eliminated, spectators and officials were very pleased with the re-

sults. I am, therefore, very grateful to **ARMANDO ARROYO** (Mexico), **DORA HADFY** (Venezuela), **FABRIZIO HERNANDEZ** (El Salvador), **DIANA MONTEIRO** (Brazil) and **MARK SMISHEK** (Canada), for achieving success in the difficult task of "direct" judging.



⇒ **Danielle Ruban** (center) during award presentation for 1st place (tall class), with President Santonja (left) and IOC Member from Guatemala, Willi Kaltschmitt Luján (right).



A small segment of Mexican and international officials who contributed to the triumphant staging of this championship.... **(1) Dr. RAFAEL SANTONJA**, IFBB President; **(2) Prof. MAURICIO DE ARRUDA**, IFBB Technical & ADC Chairman; **(3) FRANCISCO CABEZAS**, President of Mexican Bodybuilding & Fitness Federation; **(4) MIGUEL BARBA IBARRA**, President of Jalisco State Bodybuilding & Fitness Association; **(5) MARCO ANTONIO CABEZAS**, Director of National Relations for Mexican Bodybuilding & Fitness Federation.

IOC =International Olympic Committee
PASO =Pan American Sports Organization
ANOC =Association of National Olympic Committees

Photos provided by:
Miguel Barba (Jalisco, Mexico)